| Rule | Under 8 Mixed | Under 9 Girls | Under 9 Mixed | Under 10 Girls | Under 10 Mixed | Under 11 Girls | Under 11 Mixed | Under 12 Girls | Under 12 Mixed | Under 13 Girls | Under 13 Mixed | Under 14 Girls | Under 14 Mixed | Under 15 Girls | Under 15 Boys | Under 16 Girls | Under 16 Boys | Youth Girls | Youth Boys |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| **Phase** | Introductory | Development | Development | Transition to Competition | Transition to Competition | Competition | Competition | Competition | Competition | Competition | Competition | Competition | Competition | Competition | Competition | Competition | Competition | Competition | Competition |
| **Ground Size** | 80m x 60m | 100m x 80m | 100m x 80m | Up to Full Size | Up to Full Size | Full Size | Full Size | Full Size | Full Size | Full Size | Full Size | Full Size | Full Size | Full Size | Full Size | Full Size | Full Size | Full Size | Full Size |
| **Max Player** | | | | | | 24* | 24* | 24* | 24* | 24* | 24* | 24* | 24* | 24* | 24* | 24* | 24* | 24* | 24* |
| **Players on Field** | 12 | 15 | 15 | 16 | 18 | 16 | 18 | 16 | 18 | 16 | 18 | 16 | 18 | 16 | 18 | 16 | 18 | 16 | 18 |
| **Players on Bench** | 4 | 5 | 5 | 6 | 6 | 8 | 6 | 8 | 6 | 8 | 6 | 8 | 6 | 8 | 6 | 8 | 6 | 8 | 6 |
| **Officials in Coaching Area** | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 |
| **Use of Zones** | 3 equal zones 4 players per zone | 3 equal zones 5 players per zone | 3 equal zones 5 players per zone | 3 equal zones with 5 - 6 - 5 | No Zones | No Zones | No Zones | No Zones | No Zones | No Zones | No Zones | No Zones | No Zones | No Zones | No Zones | No Zones | No Zones | No Zones | No Zones |
| **Evening Up** | Loan players from opposition | Loan players from opposition | Loan players from opposition | Loan players from opposition | Loan players from opposition | Loan players from opposition | Loan players from opposition | Loan players from opposition | Loan players from opposition | Refer to By-Law 8.5.5 | Refer to By-Law 8.5.5 | Refer to By-Law 8.5.5 | Refer to By-Law 8.5.5 | Refer to By-Law 8.5.5 | Refer to By-Law 8.5.5 | Refer to By-Law 8.5.5 | Refer to By-Law 8.5.5 | Refer to By-Law 8.5.5 | Refer to By-Law 8.5.5 |
| **Ball** | Size 2 Synthetic | Size 2 Synthetic | Size 2 Synthetic | Size 2 Synthetic | Size 2 Synthetic | Size 3 Synthetic | Size 3 Synthetic | Size 3 Synthetic | Size 3 Synthetic | Size 3 Synthetic | Size 4 Leather | Size 4 Synthetic | Size 4 Leather | Size 4 Leather | Size 5 Full Size | Size 4 Leather | Size 5 Full Size | Size 4 Leather | Size 5 Full Size |
| **Quarter Duration** | 10 minutes | 12 minutes | 12 minutes | 12 minutes | 15 minutes | 15 minutes | 15 minutes | 15 minutes | 15 minutes | 15 minutes | 15 minutes | 15 minutes | 17.5 minutes | 17.5 minutes | 20 minutes | 17.5 minutes | 20 minutes | 17.5 minutes | 20 minutes |
| **Break Duration** | 5-5-5 | 5-5-5 | 5-5-5 | 5-5-5 | 5-5-5 | 5-10-7 | 5-10-7 | 5-10-7 | 5-10-7 | 5-10-7 | 5-10-7 | 5-10-7 | 5-10-7 | 5-10-7 | 5-10-7 | 5-10-7 | 5-10-7 | 5-10-7 | 5-10-7 |
| **Scoring/ Results/ Ladders** | No | No | No | Scores allowed but not published, no ladders | Scores allowed but not published, no ladders | Yes | Yes | Yes | Yes | Yes | Yes | Yes | Yes | Yes | Yes | Yes | Yes | Yes | Yes |
| **Finals** | No | No | No | No | No | Yes | Yes | Yes | Yes | Yes | Yes | Yes | Yes | Yes | Yes | Yes | Yes | Yes | Yes |
| **Umpires** | 1 field, 2 goal (Club Umpires) | 1 field, 2 goal (Club Umpires) | 1 field, 2 goal (Club Umpires) | 1 field, 2 boundary, 2 goal (Club Umpires) | 1 field, 2 boundary, 2 goal (Club Umpires) | Field League Supplied Goal and Boundary (Club Umpires) | Field League Supplied Goal and Boundary (Club Umpires) | Field League Supplied Goal and Boundary (Club Umpires) | Field League Supplied Goal and Boundary (Club Umpires) | Field League Supplied Goal and Boundary (Club Umpires) | Field League Supplied Goal and Boundary (Club Umpires) | Field League Supplied Goal and Boundary (Club Umpires) | Field League Supplied Goal and Boundary (Club Umpires) | Field League Supplied Goal and Boundary (Club Umpires) | Field League Supplied Goal and Boundary (Club Umpires) | Field League Supplied Goal and Boundary (Club Umpires) | Field League Supplied Goal and Boundary (Club Umpires) | Field League Supplied Goal and Boundary (Club Umpires) | Field League Supplied Goal and Boundary (Club Umpires) |
| **Tackling** | Modified Tackle | Modified Tackle | Modified Tackle | Modified Tackle | Full Tackle | Full Tackle | Full Tackle | Full Tackle | Full Tackle | Full Tackle | Full Tackle | Full Tackle | Full Tackle | Full Tackle | Full Tackle | Full Tackle | Full Tackle | Full Tackle | Full Tackle |
| **Barging/ Stealing** | No | No | No | No | Permitted | Permitted | Permitted | Permitted | Permitted | Permitted | Permitted | Permitted | Permitted | Permitted | Permitted | Permitted | Permitted | Permitted | Permitted |
| **Yellow Card** | Yes | Yes | Yes | Yes | Yes | Yes | Yes | Yes | Yes | Yes | Yes | Yes | Yes | Yes | Yes | Yes | Yes | Yes | Yes |
| **Red Card** | Yes | Yes | Yes | Yes | Yes | Yes | Yes | Yes | Yes | Yes | Yes | Yes | Yes | Yes | Yes | Yes | Yes | Yes | Yes |
| **Shepherding** | No | No | No | No | No | Yes | Yes | Yes | Yes | Yes | Yes | Yes | Yes | Yes | Yes | Yes | Yes | Yes | Yes |
| **Bouncing** | 1 bounce | 1 bounce | 1 bounce | 2 bounces | 2 bounces | Allowed | Allowed | Allowed | Allowed | Allowed | Allowed | Allowed | Allowed | Allowed | Allowed | Allowed | Allowed | Allowed | Allowed |
| **Deliberate kick off the ground** | Not permitted | Not permitted | Not permitted | Not permitted | Not permitted | Permitted | Permitted | Permitted | Permitted | Permitted | Permitted | Permitted | Permitted | Permitted | Permitted | Permitted | Permitted | Permitted | Permitted |
| **Marking** | Any distance | Any distance | Any distance | No less than 10m | No less than 10m | No less than 15m | No less than 15m | No less than 15m | No less than 15m | No less than 15m | No less than 15m | No less than 15m | No less than 15m | No less than 15m | No less than 15m | No less than 15m | No less than 15m | No less than 15m | No less than 15m |
| **Penalty Distance** | No distance | 10m | 10m | 25m | 25m | 25m | 25m | 25m | 25m | 25m | 25m | 25m | 25m | 25m | 25m | 25m | 25m | 25m | 25m |

* In finals matches can be 30 players